



2020 FSU Invitational Cross Country Meet Information

October 2 • Apalachee Regional Park • Tallahassee, Fla.

*****REVISED (8/20) MEET INFORMATION*****

Collegiate Meet Information

Open to all universities and colleges, regardless of division. There will be two races per gender - men's 8k and women's 5k. Schools **are limited to 10 entries per gender**. Open/unattached competitors must register via email with David Beauchem at dbeauchem@fsu.edu by Monday, Sept. 28 at 12 noon. **Late entries will not be accepted.**

Registration Information

- Register via [DirectAthletics](#)
- The entry fee is \$300 per school/club, per gender (maximum \$600 per school). The entry fee for open/unattached runners is \$20; \$10 with valid college ID
- Team registration closes Monday, Sept. 28 at 5 p.m.
- **Make checks payable to:**
FSU Track & Field Officials Association, Inc.
Payment is required at packet pick-up

Packet Pick-Up & Course Review

Thursday, Oct. 1 from 2-6 p.m. Course maps will be available and can also be found here at [Seminoles.com cross country](#).

Timing

Primetime Timing - [pttiming.com](#) - will provide live results, including splits and in-race scoring and determine official order of finish. *Printed results will be available upon request.*

Officiating

The FSU Track & Field Officials Assoc., Inc. will officiate, monitoring races and rendering all protest rulings.

Meet Schedule

Thursday, Oct. 1

2 pm-6 pm Packet Pick-Up/Course Review

Friday, Oct. 2

7:40 am College Men Invite (8k)
8:10 am College Women Invite (5k)
8:30 am Men Open (8k)
9:05 am Women Open (5k)



ARP will have a new look in '20

Construction is underway at Apalachee Regional Park on permanent facilities, which will include a building to house operations and media, as well restrooms. The additions will also include a permanent stage and a fixed finish line arch. These upgrades will be part of the build-up in advance of the 2021 NCAA Cross Country Championships.

Future Events at Apalachee Regional Park

Nov. 13-14, 2020 FHSAA Cross Country State Championships
Dec. 5, 2020 AAU National Cross Country Championships
Nov. 20, 2021 NCAA Cross Country Championships

Directions & Contact Information

GPS Address for Apalachee Regional Park

7550 Apalachee Parkway (US-27), Tallahassee, FL 32311-3448

For Further Information

Visit Tallahassee: Amanda Heidecker, Director - Amanda.Heidecker@VisitTallahassee.com - 850-606-2317

University/College Races: David Beauchem, College Meet Coordinator - dbeauchem@fsu.edu - 850-228-1916